

# Ego DermAid Soft 1% cream

Hydrocortisone 1 % w/w

## CONSUMER MEDICINE INFORMATION

### What is in this leaflet

This leaflet answers some common questions about DermAid Soft 1% cream.

It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

If you have any concerns about this medicine, ask your doctor or pharmacist.

Keep this leaflet with your medicine. You may need to read it again.

### What is DermAid Soft 1% cream

The name of your medicine is DermAid Soft 1% cream. It is a soft, glossy cream.

DermAid Soft 1% cream contains hydrocortisone at 1 % w/w.

DermAid Soft 1% cream is available in 15 g and 30 g tubes. It is packed in tubes with a tamper evident seal for your protection. Do not use if the seal on the tube is broken.

### What DermAid Soft 1% cream is used for

DermAid Soft 1% cream is used on the skin to relieve the redness, swelling, itching and discomfort of many skin problems such as:

- eczema

- rashes due to soap, detergent, cosmetics and jewellery
- itching genital and anal areas not due to infection
- sunburn
- other types of dermatitis

Your doctor or pharmacist, however, may have recommended DermAid Soft 1% cream for another purpose.

### How it works

The active ingredient in DermAid Soft 1% cream, hydrocortisone, reduces inflammation and itching. It is used for the relief of symptoms associated with conditions such as dermatitis, eczema and psoriasis.

### Before using DermAid Soft 1% cream

#### **Contraindications (when you must not use this product)**

Do not use DermAid Soft 1% cream in the eyes.

Do not use DermAid Soft 1% cream for acne.

Do not use DermAid Soft 1% cream if you have ever had an allergic reaction to:

- hydrocortisone
- any other corticosteroid
- phenethyl alcohol

Do not use DermAid Soft 1% cream if you have:

- a viral skin infection (such as cold sores, shingles or chicken pox)
- a fungal skin infection (such as thrush, tinea or ringworm)
- a bacterial skin infection (such as impetigo or boils)

unless your doctor or pharmacist tells you.

### Precautions

DermAid Soft 1% cream reduces inflammation and itching. As a result, signs of infection may be masked. The area being treated should be kept clean at all times. If there is a possibility of infection in the area being treated then the infection should be controlled first. You should consult your doctor or pharmacist for advice.

Do not use under occlusion (plastic film) unless specified by your doctor.

Be careful not to get DermAid Soft 1% cream in your eyes. If this happens rinse your eyes with clean water. If irritation persists tell your doctor or pharmacist.

If irritation or sensitivity occurs discontinue use.

### Interactions

Tell your doctor or pharmacist if you are using other creams, ointments or lotions or taking any medicine.

### Pregnancy and lactation

You must tell your doctor if you are pregnant or breast-feeding. Your doctor will tell you if you can use DermAid Soft 1% cream during

pregnancy or while you are breast-feeding. DermAid Soft 1% cream should not be applied to breasts before breast-feeding.

### **Use in children**

Do not use DermAid Soft 1% cream on children under 2 years of age unless your doctor tells you.

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## **How to use DermAid Soft 1% cream**

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### **Directions**

DermAid Soft 1% cream is for external use only.

Apply a thin layer of DermAid Soft 1% cream to your skin 2 to 4 times a day.

Your doctor or pharmacist may have recommended a different dosage. It is important to use DermAid Soft 1% cream exactly as your doctor or pharmacist has told you. If you use it less often than you should, it may not work as well and your skin problem may not improve. Using it more often than you should may not improve your skin problem any faster and may cause or increase side effects.

If you have dry skin you may find an emollient such as "QV Cream" provides further relief between applications of DermAid Soft 1% cream. Apply "QV Cream" as often as required.

### **How long to use it**

If your condition persists for more than 7 days then discontinue use and see your doctor or pharmacist.

### **If you forget to use it**

If you forget to use DermAid Soft 1% cream, use it as soon as you remember and then go back to your normal times for applying DermAid Soft 1% cream. Do not try to make up for the amount you missed by using more than you would normally use.

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## **Side effects**

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DermAid Soft 1% cream helps most people with skin problems but it may have unwanted side effects in a few people.

Side effects that have been reported by some people using cortisones include:

- slight stinging sensation
- itching
- redness
- allergy
- thinning of the skin
- blurred vision or other vision disturbances

If you have these or any other side effects, check with your doctor or pharmacist.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

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## **Overdosage**

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If you have accidentally applied too much DermAid Soft 1% cream, then wipe off any excess.

### **If you swallow it**

Telephone your Poisons Information Centre (13 11 26 in Australia or 03 474 7000 in New Zealand), or contact your doctor or pharmacist.

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## **Storage**

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Keep DermAid Soft 1% cream where young children cannot reach it. A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Keep DermAid Soft 1% cream in a cool dry place where the temperature stays below 25 degrees C.

Do not leave DermAid Soft 1% cream in the car or on windowsills.

Heat can destroy some medicines.

### **Shelf life**

Do not use DermAid Soft 1% cream after the expiry date printed on the pack. If you use it after the expiry date has passed, it may not work as well.

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## **For further information**

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This is not all the information that is available on DermAid Soft 1% cream.

If you have any questions or are not sure about anything, ask your doctor or pharmacist.

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## **Manufacturer**

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## **Distributors**

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### **NEW ZEALAND**

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Date of last revision: April 2019.